

Better working relationships



The FIRO[®] assessment

Improve workplace performance by helping people to understand how they interact – take a look at the FIRO[®] assessment (Fundamental Interpersonal Relations Orientation™).

People want and need different things from other people, and they have different ways of showing these wants and needs. The FIRO assessment gets behind these differences to show:

- **how people tend to behave toward others**
- **how people want others to behave toward them**

The FIRO assessment helps to explain behaviors between people.

What does this mean for your organisation? It means team members and colleagues understand each other better. This builds trust, increases harmony, reduces friction and helps to improve performance.

FIRO features

Focuses on interpersonal relationships and how people interact

Applies to a range of workplace issues

Works well with the MBTI[®] assessment

FIRO benefits

Increases people's understanding of each other so they work better together

Makes a significant impact on business performance across the organization

Accessible framework is quick and easy to understand for everyone

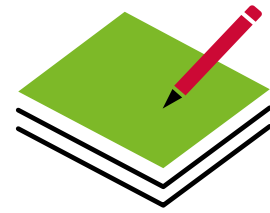
Use the FIRO assessment for:

- **Team Development**
- **Leadership**
- **Communication**
- **Conflict**
- **Stress**

“ It helped me to understand myself and my colleagues better, what makes different people tick, and that we don't place the same importance on the same things.”

HR Manager,
accountancy

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To administer the FIRO assessment, you need to be FIRO certified.

See www.themyersbriggs.com to find out about FIRO training (both FIRO-B and FIRO Business) and how to become FIRO certified.

FIRO products and resources

FIRO reports

Interpretive Report for Organisations, Profile Report, FIRO-B and MBTI Leadership Report

Books and eBooks

Introduction to the FIRO-B in Organisations, Participating in Teams and more

Behavioral insights that build trust quickly

About The Myers-Briggs Company

In our fast-changing world, your edge lies in harnessing 100 percent of your talent – at work, home, college, or anywhere in between.

The Myers-Briggs Company empowers people to be the best versions of themselves. By enriching self-awareness and understanding of others, we help organizations around the world to improve teamwork, develop inspirational leaders, foster diversity, and solve their most complex people challenges.

We're established assessment developers, expert trainers and experienced psychologists. Our powerfully practical solutions are grounded in a deep understanding of the trends that affect people and organizations today, and we're ready to help you succeed.

Get in touch

Have you got a question?
Contact our FIRO experts:
www.themyersbriggs.com

