



Quick Tips: Creating Your Leadership Path

Your leadership style is shaped by many influences - who you are (your personality, values, and character), what you've experienced and learned and your habitual behaviour patterns. While your experiences and behaviours may change over time, your personality type does not; it's the core of who you are. And yet, though it influences your behaviour, especially the patterns you've developed, it in no way limits what you can attempt, learn or master.

Tip: Stretch your style to expand your leadership success

Consider the various leadership roles you assume in both personal and professional contexts and think about your leadership style - including how your personality type impacts your leadership approach. Based on what you've learned about the characteristics of your Myers-Briggs® type, explore how your preferences, when considered within the context of your leadership roles, might be optimised for leadership success:

Your style	How does your style - as driven by your personality, values, experience, and habitual behaviours - limit your effectiveness as a leader?
Stretching yourself	In what ways could you stretch yourself by 10%-15% to move outside your comfort zone?
Goal setting	What additional goals would such a stretch help you reach?

Remember: Your leadership style includes how you express your four-letter type code and incorporates a wide range of influences from your family, your culture and other defining circumstances unique to your life. Characteristics or values such as courage, willingness to learn, comfort with power and decisiveness all play a role in leadership effectiveness, and people of all type preferences can possess these qualities, although they may appear through different behaviours.

Source: Adapted from Richmond, *Introduction to Myers-Briggs® Type and Leadership* (2008), pp. 18-19

To learn more about the role of type in leadership, please read *Introduction to Myers Briggs® Type and Leadership* by Sharon Lebovitz Richmond, published by CPP, Inc.

t: +61 3 9342 1300 (Australia) | t: 0800 000 159 (New Zealand) | t: 1800 1 611 0298 (Philippines)
e: enquiries.ap@themyersbriggs.com | w: www.themyersbriggs.com